

National Recurve Program

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CONTENTS

	Page
Glossary	2
Introduction	3
About the National Recurve Program	3
National Squad structure	4
National Recurve Program diagram	5
Eligibility for the NRP	5
NRP selection	6
Requirements and Expectations of NRP athletes	7
Funding support	8
Appendices:	
A) Performance Requirements for the NRP	10

GLOSSARY OF TERMS

AA – Archery Australia

AMS – Athlete Management System

HPM – High Performance Manager

HPU – High Performance Unit

IAP – Individual Athlete Plan

MQS - Minimum Qualifying Score

NDS – National Development Squad

NIN – National Institute Network

NS – National Squad

NSWIS – New South Wales Institute of Sport

NTSC – National Team Selection Committee

NYS – National Youth Squad

PP – Pathways Program

QRE – Qualifying and Ranking Event

VIS – Victorian Institute of Sport



Archery Australia National Recurve Program (NRP) – Overview

Introduction

The National Recurve Program (NRP) is designed to deliver programs which ultimately produce Recurve Archery *Champions* at benchmark events including *World Archery Championships* and *Olympic Games*, and *Champions* at the *World Archery Youth Championships*.

The purpose of the NRP is to provide a system of support for Archery Australia's leading Recurve archers in a structured, sequential, and transparent manner that supports the athletes in achieving performances which are aligned to Archery Australia's published performance goals. The NRP has three distinct components:

- National Squad
- National Development Squad
- National Youth Squad

The NRP recognises that Federal Government funding through the Australian Institute of Sport (AIS) and State/Territory Government funding through the NSW Institute of Sport, Victorian Institute of Sport and other National Institute Network (NIN) partners for high performance Archery, is directed solely at Olympic and Paralympic disciplines and this is reflected in this document.

The ultimate objective of the NRP is to win medals at World Championships, Olympic Games, World Cups and World Youth Championships by supporting identified athletes within the program via the NSW Institute of Sport, Victorian Institute of Sport, other NIN partners and the Archery Australia HP Pathways Program.

The NRP whilst open to all members within Archery Australia that qualify, has two major programs in Sydney and Melbourne which are managed in partnership with NSWIS and VIS. NRP athletes not based in Sydney or Melbourne are not excluded from participating and may be nominated for individual athlete scholarships in their home State/Territory. However, the awarding of these scholarships is determined by the State/Territory Institute/Academy of Sport in the relevant State/Territory. Athletes do not require a State/Territory Institute/Academy of Sport scholarship to be selected in the NRP. The NRP is managed on a day-to-day basis by Archery Australia's High-Performance Manager (HPM) who reports to the Archery Australia CEO and Board of Management.

About the National Recurve Program

Archery Australia has limited funding and resources to support NRP athletes and therefore has designed a National Squad structure that classifies athletes into tiers. This in turn enables Archery Australia to prioritise the support and funding that it provides to NRP athletes in a consistent and transparent manner. Funding for this program is provided by the Australian Government and spending on the program as well as its activities are monitored by the Australian Institute of Sport.

The NRP consists of three squads of athletes that provides a clearly structured pathway which athletes are



able to progress through as they further develop their skills and performances. The entrance criteria for each of these tiers has been designed to align with Sport Australia's Athlete classification strategy meaning that athletes are eligible to receive more support as they progress through the tiers. The tables below provide a brief summary of each Tier level and athletes are able to enter the program at any level, National, Development or Youth, provided they meet the published selection criteria.

In addition to the three squad components of the NRP, the AA Pathways Program provides an opportunity for accelerated growth for athletes selected in the program. It is expected there will be a strong connection between the NRP and Pathways Program, and the majority of athletes will graduate into an NRP squad by meeting the published criteria. The Pathways Program is funded independently of the NRP by the AIS Performance Pathways Unit.

National Squad Structure

National Squad

Tier 1 Men 675 Women 660	World Class – Athletes who in the opinion of the HPC have demonstrated their ability to challenge or have actually achieved a recent podium position in top International Competition.
Tier 2 Men 665 Women 650	International – Athletes who in the opinion of the HPC are competitive in international competition and have the potential to progress to World Class within the next two years.
Tier 3 Men 655 Women 640	National – Athletes who in the opinion of the HPC are competitive at the National Level and are ready for international exposure under direction of the High-Performance Unit.

National Development Squad

Tier 4	Development – Athletes who in the opinion of the HPC are considered to be emerging	
Men 645	and have the potential to progress through the tiers in the coming years due to	
Women 630	demonstrated commitment.	

National Youth Squad

Youth Squad – Junior	Junior – Athletes who in the opinion of the HPC have demonstrated the potential to
Men 630	progress through to the Development Squad in the coming years.
Women 610	



Youth Squad – Cadet	Cadet – Athletes who in the opinion of the HPC have demonstrated the potential to
Men (60m) 640	progress through to the Development Squad in the coming years.
or (70m) 612 Women (60m) 615	
or (70m) 582	

^{*}Refer to the NRP Tier score table on page 10 for a complete explanation of scores

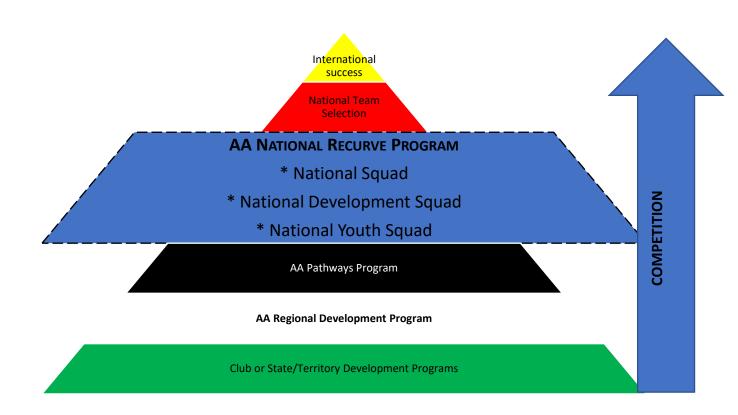
Pathways Program

The program is a nationally focused program, developed and operated by the Archery Australia High Performance team. The program is partnered with the AIS Performance Pathways unit and was established in 2020 to provide an accelerated pathway for athletes wishing to represent Australia at Olympic and Paralympic Games.

For information regarding the Pathways Program, you should contact the Archery Australia High Performance Pathways Manager by email megan.nally@archery.org.au.



National Recurve Program Pathway Diagram



Eligibility for the NRP

The NRP is managed on a day-to-day basis by Archery Australia's High-Performance Manager (HPM) who reports to the Archery Australia CEO and Board of Management.

The primary training centres for NRP athletes are based at NSWIS in Sydney and the VIS in Melbourne. For athletes to be invited to train at these centres, they must be a good fit for the program and be willing to work co-operatively with the other athletes to achieve individual and collective goals.

NRP - NSWIS and VIS

To be invited to train at the Sydney and/or Melbourne centres an athlete must:

 Have achieved any relevant qualifying scores at designated qualifying events determined by the HPM



- Have a demonstrated desire to compete at Olympic level
- Meet the training commitments as required by the relevant program coach
- Be a current financial member of Archery Australia and the relevant Regional Governing Body (RGB)
- Undergo relevant medical screenings as required by AA and/or NSWIS/VIS
- Sign and abide by the AA NRP Athlete Agreement and Code of Conduct for the term of the training period
- Regularly log their training information on AMS/Archery Success/Notion
- Meet any NIN requirements for program scholarship
- Comply with World Archery eligibility requirements
- Be in "Good Standing" with Archery Australia

NRP – other

NRP athletes who are based outside of Sydney and Melbourne will be required to maintain an up-to-date record of their completed daily training sessions on AMS/Archery Success/Notion and attend NRP camps in Sydney, Brisbane or Canberra as required.

To be eligible for the NRP an athlete must meet all of the criteria detailed below, be a good fit for the program and be willing to work independently in their local training environment.

To be eligible for the NRP athletes must:

- Have achieved any relevant qualifying scores at designated qualifying events determined by the HPM
- Have a demonstrated desire to compete at Olympic level
- Meet the training commitments as required by the relevant program coach
- Be a current financial member of Archery Australia and a Regional Governing Body (RGB)
- Undergo relevant medical screenings as required by AA and NIN partners
- Sign and abide by the AA NRP Athlete Agreement and Code of Conduct for the term of the training period
- Regularly log their training information on AMS/Archery Success/Notion
- Comply with World Archery eligibility requirements
- Be in "Good Standing" with Archery Australia

^{*}Please note that membership of the NRP does not guarantee selection in any Australian teams. Selection criteria and selection processes are set by separate selection policies and for information regarding current policies and criteria please read the relevant policy available on the Archery Australia website.



NRP Selection

How to apply

Athletes wishing to apply for the NRP should review and understand-the NRP document paying special attention to the performance requirements, eligibility requirements and expectations of athletes in the program. The program is demanding and requires dedication, commitment and time. Only athletes who are willing to make that commitment should apply.

2024 National Recurve Program applications

Each year a national event may be identified or an NRP Trial held, for athletes wishing to be considered for selection. For selection in the 2024 NRP the identified national event is the 2023 National Target Championships, 27 September to 2 October 2023. Performances in the WA720 Round, Team Matchplay and Individual Matchplay at the NTC, along with scores from any QRE's and international competitions in 2023, will be considered when selecting the 2024 NRP.

All current 2023 NRP athletes will be contacted directly via email when applications open for the 2024 intake. Any athlete wishing to be considered for the 2024 NRP who is not a member of the 2023 NRP must apply by submitting an application form. This EOI will be advertised in Archery News which is sent to all members well in advance of the submission date and posted through social media channels.

All applications should be submitted electronically via email to megan.nally@archery.org.au. Application forms are also available from the same email.

All relevant forms and documents required to understand and apply for membership of the NRP are on the Archery Australia website and can be accessed via the following link: www.archery.org.au

Review

Archery Australia's NTSC will review the membership of the NRP on 1 January and 1 July each year. At this time the HPM will (a) review any applications to join the NRP and (b) review the performances and compliance of existing NRP athletes. Recommendations will then be forwarded to the NTSC for endorsement. Once this process is complete all athletes will receive formal correspondence confirming the outcome of their application and/or their current status in the NRP.



2024 National Team selections

When selecting national teams for international events in 2024, it is expected that members of the National Recurve Program will be well placed to be considered for selection for international events. A separate Selection Policy for the 2024 International Tournaments will be announced through the Archery Australia website and social media forums.

Movement between NRP Tiers

For a member of the NRP to move up a Tier, must shoot three NRPTS within a three-month period. The three-month period is a rolling time period e.g., a T2 athlete wishing to move up to T1 shoots a T1 score on 23 February, then has until 23 May to shoot the remaining two scores to qualify for a move upwards to T1. Athletes should submit any requests for movement between tiers as soon as requirements have been met and the request will be considered at the next review date.

The NRP six-month review conducted on 1 July will also assess the performances of all NRP athletes in the previous 6 months. For an athlete to remain at their selected Tier level for the remainder of the year, they must shoot a minimum of 3 MQS scores of the same Tier level e.g., if an athlete is selected in T2 on 1 January 2023, when the 1 July review is conducted the same athlete must have shot a minimum of 3x T2 scores in the 6 months between 1 January and 1 July. Any athletes who haven't achieved the relevant Tier scores to maintain their Tier level, may move down to the level of their performances over the previous 6 months.

Should an athlete not meet performance and/or compliance requirements for any reason other than injury or returning to the sport after an extended absence and wish to apply for special consideration they must do so in writing to the HPM when requested. This submission should provide details as to why the athlete believes they should be given special consideration. This request will be taken into consideration by the NTSC when it undertakes its regular review of the athlete's membership in the NRP. The NTSC will form an opinion as to the appropriate tier the athlete should be allocated having regard to the athletes' nominated circumstances, and any other matter considered relevant by the NTSC. The NTSC has an unfettered discretion to allocate an athlete to any tier having formed an opinion to do so.

Requirements and Expectations of athletes in the NRP

It is expected that all NRP athletes will always demonstrate professionalism, a strong commitment to success and continual improvement.

This will be demonstrated by:

- Strong competition history
- History of progression
- Developing and refining the required technical skills
- Developing and refining physical resilience
- Developing and refining a strong mental capacity and resilience
- Developing and refining the required physical attributes

Athletes who choose to accept a position in the NRP will be required to comply with all reasonable requests and instructions that are given to them by any staff member of the High-Performance



Department including Archery Australia appointed service providers.

Due to the very limited competition opportunities available to our athletes the AA National Coaches reserve the right to select Men's Teams, Women's Teams and Mixed Teams to compete at any domestic competitions held in 2024. This will enable our coaches to trial different team combinations and ultimately assist with both team selection and team preparation for international events to meet performance objectives.

As a minimum all athletes in the NRP are expected to:

- Demonstrate ethical behaviour and compliance with all Archery Australia codes and policies
- Only undertake coaching that has been agreed with by the HPM
- Develop in conjunction with National/NIN coaching staff (and their Personal Coach, where applicable) a twelve-month Individual Athlete Plan (IAP) this should include all tournaments that are to be attended, planned holidays, unavailability, work commitments
- Adhere to their personal twelve-month IAP
- Submit regular training reports via AMS/Archery Success/Notion
- Report all injuries to Archery Australia's High-Performance Unit immediately
- Engage with Archery Australia via the HP Unit and its service providers in a timely and professional manner
- Be available to participate in all mandatory NRP activities
- Meet any performance requirements agreed to in the annual IAP
- Commit to spending as much time as practicable training face-to-face with appropriate national coaching staff this will vary depending on the phase of the 4-year Olympic cycle
- Strong commitment to the sport and Archery Australia
- Co-operate and work effectively as a squad member

Medical / Rehabilitation Support

Archery Australia has limited funds available to assist Tier 1 athletes who require Medical / Rehabilitation support for injuries that impact directly on the ability of the athlete to shoot. This funding is capped at \$2000 per athlete and will only be provided to athletes who have outstanding medical expenses after Medicare and Private Health Insurance benefits. Athletes wishing to apply for this support must complete the 'Medical Support form' and provide all the required information. The NTSC will at their discretion review the application and determine what, if any support will be made available to the athlete.



Funding Support

In 2024 Archery Australia will provide three different levels of funding support to eligible members of the NRP. Details of each, including eligibility and the application process are detailed below:

Approved Archery Activities

The major focus for 2024 will be qualification and participation in the 2024 Paris Olympic Games. Archery Australia has limited funds available to assist NRP athletes and the majority of this will be used to cover the travel costs of athletes in contention for the 2024 Paris Olympic Games. Any remaining funding will be used to support athletes on the following basis.

Tier	International competition travel support
National – Tier 1	100%
National – Tier 2	75%
National – Tier 3	50%
Development – Tier 4	Nil



Appendix A

Performance Requirements for NRP- Recurve

National Recurve Program Tier Scores (NRPTS)

Open Recurve	Men	Women
World Class Tier 1	675 or top 16 individual placing at the World Archery Championship / Benchmark Event in past 24 months OR 675 or top 8 individual placing at an Outdoor World Cup in past 24 months OR 675 or top 4 team placing at the World Archery Championships / Benchmark Event in past 24 months OR 675 or top 2 team placing at an Outdoor World Cup in past 24 months	660 or top 16 individual placing at the World Archery Championships / Benchmark Event in past 24 months OR 660 or top 8 individual placing at an Outdoor World Cup in past 24 months OR 660 or top 4 team placing at the World Archery Championships / Benchmark Event in past 24 months OR 660 or top 2 team placing at an Outdoor World Cup in past 24 months
International Tier 2	665	650
National Tier 3	655	640
Development Tier 4	645	630

Once an athlete is a member of the NRP they must shoot at least seven MQS annually commencing 1 January each year to maintain their Tier level of support. MQS's must be shot in an international tournament or approved Archery Australia QRE.

NRPTS may be used when selecting teams for international competitions and the scoring requirements will be published in the relevant selection policies.

The NRPTS scores will increase annually to better reflect the score required to medal at the 2024 Paris Olympic Games.

The annual Benchmark Events agreed to by the AIS and AOC for the Paris Olympic cycle are:

- i) 2020 Tokyo Olympic Games (held in 2021),
- ii) 2022 World Cup 3 Paris,
- iii) 2023 World Archery Championships, and
- iv) 2024 Paris Olympic Games.

The NTSC reserves the right to regularly review and amend NRPTS at any time to ensure an environment of continual improvement.