

ARCHERY
AUSTRALIA

Archery



Insights

Sept 2013
Issue 3

ARCHERY INSIGHTS

TOURNAMENT REGISTRATIONS



Hi All - Hope everyone has been keeping well and safe.

Good luck to our Team heading off to the World Championships in September and Youth World Championships in October. (See articles for team members).

It is that time of year to start planing your Archery Events for 2014. The online process is the only method for registering a tournament. You can pay the registration fee by Credit or Debit Card online or simply save after completing the registration and forward payment by Direct Credit or Cheque to the Archery Australia Office.

Don't forget that it is **60** days notice to register either a World Archery Event or an Archery Australia Tournament, and **30** days for a QRE.

The fee for a World Archery Registered Tournament if registered for 2014 by the 1st December, 2013 is \$40.00. After the 1st December, the fee is \$60.00.

The fee for an Archery Australia Registered Tournament if registered for 2014 by the 1st December, 2013 is \$20.00. After the 1st December the fee is \$40.00.

The fee for a QRE Registered Tournament for 2014 is \$10.00

See Archery Australia website for further information

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BOARD NEWS

APPOINTMENTS - HP AND COACHING MANAGERS



Lorinda Rugless joins Archery Australia having worked for just under seven years for the International Cricket Council based in the United Arab Emirates. Lorinda joined the ICC in 2006 as the Member Services Manager, a role that saw her assisting the organisation's then 105 members in matters including governance, business practice, coach education and later anti-doping.

In 2010, Lorinda was appointed full-time as the ICC's Anti-Doping and Medical Manager and has been responsible for establishing international cricket's anti-doping program. Her remit included the roll out of all-year round testing, implementing an athletes' whereabouts program and assisting the ICC's 10 Full Members to establish their domestic programs. Whilst in this role, Lorinda also managed the ICC Medical Committee's projects.

Prior to joining the ICC, Adelaide-born Lorinda worked for the Australian Sports Commission travelling throughout the Pacific Islands as the manager of the Oceania Sport Education Program. She also worked for the South Australian Office for Recreation and Sport managing the Volunteer and Coach Education Centre.

Lorinda is a lover of all sports and was an avid basketball player in her younger days, as well as a Level 2 basketball coach and team manager of Australian junior basketball teams.

Quote: "I am delighted to be taking up the role of High Performance Manager with Archery Australia and am eager to take on the new challenges that lie ahead.

"I am looking forward to working alongside Archery Australia's athletes, coaches and stakeholders to provide the best possible high performance environment in the lead up to the 2016 Olympic Games and beyond."

BOARD NEWS

APPOINTMENTS - HP AND COACHING MANAGERS

The Archery Australia Board is pleased to announce the appointment of Ya Ping Shih as National Coaching Director.

Ya Ping comes to Australia with extensive experience both as a medal winning athlete for Chinese Taipei but also a highly respected Coach, having coached both male and female Chinese Taipei archers to medal success.

Ya Ping commented, 'I really appreciate that Archery Australia has given me the opportunity to take up the role of National Coaching Director and National Coach and I sincerely believe we will work together to deliver medal winning performances in the 2016 Olympic Games in Rio and other major international events.'

Archery Australia President, Brian Hagaman, commented, 'it is very exciting to have a person with Ya Ping's experience both as a competitor and medal winning coach. We are looking forward to working with her over the coming years.' Brian also thanked the Australian Sports Commission for its funding support for the Archery Australia High Performance Program that has made the engagement of Ya Ping possible.

Ya Ping will be based at the Archery Australia High Performance Office in Brisbane and takes up her new role from Tuesday 13th August, 2013.



WORK EXPERIENCE

National Taiwan Sport University – Masters of Physical Education and Coaching Science
New Taipei Municipal High School (2000-2013) – PE Teacher and Archery Coach

National Taiwan University (2004-2005, 2007-2013) – Part Time Lecturer and Archery Coach Olympic Women's Team

PROFESSIONAL CERTIFICATION

2000 - Archery Coach Certification Taiwan Sports Federation

2001 - Secondary School Teacher Ministry of Education

2002 - National Archery Coach Certification Chinese Taipei Archery Association

2001 - Outstanding Coach Award New Taipei City Sports Federation

2003 - Outstanding Coach Award Sports Affairs Council

PERSONAL SHOOTING EXPERIENCE OF INTERNATIONAL ATHLETE COMPETITION (1996 ~ 2000)

1996 – Silver Arrow Invitational – Recurve Team 1st

1998 – World University Championships – Compound Individual 2nd and Team 1st

1999 - World Cup Archery Championship - Compound Bow- Individual 2nd award and Team Champion

2000 - World University Archery Championship- Compound Bow- Individual 2nd and Team Champion

BOARD NEWS

APPOINTMENTS - HP AND COACHING MANAGERS

INTERNATIONAL COMPETITION GUIDING EXPERIENCE (2003 ~ 2012)

2003-2004 Olympic Training Team Coach

2007-2008 Olympic Training Team Coach

2011-2012 Olympic Training Team Coach

2003/2007/2009/2011 - Coach of World Archery Championships

2004/2008/2012 Chinese Taipei Olympic Women's Team

2003 - Coach of Australia Youth Olympic Games Chinese Taipei Team – 2 x 1st, 2 x 2nd and 1 x 3rd

2003 - Coach of Asian Cup Archery Championships Chinese Women's Team – Individual 7th and Team 3rd

2004 - Coach of Athens, Greece Olympic Games Chinese Women's Team – Individual 4th and 6th, Team 3rd

2006 - Coach of World Youth Archery Championships Chinese Men's Team-Individual 3rd and Team 3rd

2006 - Coach of Asia Grand Prix Chinese Men's Team- 4th

2007 - Coach of Archery World Championships Team- Chinese Women's Team 2nd and qualify for 2008 Olympic Games

2007 - Coach of Asian Cup Archery Championships Chinese Men's Team - Individual 2nd and Team 1st

2008 - Coach of Beijing, Greece Olympic Games Chinese Women's Team 9th

2009 - Coach of World Archery University Championships Chinese Women's Team- 7th

2009 - Coach of World Field Championship Chinese Women's Team – 9th

2010 - Coach of Asia Archery Grand Prix Chinese Women's Team – Individual 2nd and Team 4th

2010 - Coach of World Archery University Championships Chinese Women's Team – Individual 3rd and Team 2nd

2011 - Coach of World Archery University Championships Chinese Women's Team – Individual 4th and Team 3rd

2011 - Coach of World Championship Chinese Women's Team – Team 6th and qualify for Olympic Games

2011 - Coach of London Olympic Test Event Chinese Women's Team – Team 6th

2012 - Coach of World Grand Prix Chinese Women's Team – Team 2nd

2012 - London Olympic Competition Chinese Women's Team – Team 5th

YOUTH COMMITTEE

BUSY TIME FOR OUR YOUTH



It has been a busy time for our youth archers recently with the Youth Nationals, Indoor Nationals and the Australian Open.

The Youth Nationals saw 150 archers competing in Brisbane during the first week in July. The weather at the start of week was pretty rotten but I am pleased to say that all of the archers stood strong and we had no one drop out due to the weather. During the week we had over 50 national records broken. Well done all who attended.

The event was also the selection event for the World Youth Archery Championships (WYAC) 2013 to be held in China in October. Seventeen archers were selected for the event. We have a strong squad and on behalf of the youth development committee - good luck.

Later in July we had the Indoor Nationals. There was again a great turn out from our youth archers. A number of our youths shot in the Open Divisions, three of them gaining medals.

To cap of the busy time over twelve of our young archers attended the 2013 Australian Open in Armidale. It was a great event for our aspiring internationals to try compete in

a matchplay event. The conditions were challenging but all of our youth performed well. Across the team and individual event 8 of them picked up medals.

It is a busy time of year for all of our archers in particular those sitting exams in Year 12.

If you have any archery stresses at this time, let somebody know, talk to your coach. I am sure they can assist.

It is now less than two months until the WYAC, the squad have a training camp in a few weeks in preparation. Good luck to them and their support team, Sue Clint and Taylor.

Our team members are:

Ella Hugo, Courtney Cowling, Taylah Freeman, Jess Greenstein, Alice Ingley, Ingrid Brookshaw, Madeleine Salvestro, Emily Sutton, Penelope Vissariou, Jessica Sutton, Jack Salmon, Sean Pianca, Simon Bold, Anthony Carroll, Jacob Blackburn, Nicholas Turner & Alec Potts

GOOD LUCK EVERYONE



OFFICIALS COMMITTEE

WHY DO WE HAVE JUDGES

Judges are at an event:

- *To ensure fairness
- *To make sure the event is successful
- *To provide a conclusion.

All sports make use of Sporting Officials. In Archery, the Sporting Officials are known as 'Judges'. Their purpose is to make sure that any competition events where records or awards can be claimed are set up and shot according to the sport's Rules. Judges are there to help you to compete fairly.

Before the event, the Judges arrive early and make venue inspections to check the safety of the competition field and that distances and line markings are correct, that target faces are of approved brands and are within size tolerances, and carry out equipment inspection to ensure everyone complies with the competition Rules. This is to make sure our events are carried out in the same way as corresponding events in other countries and that no archer has an unfair advantage.

Regarding equipment inspection, the onus is on the archer to use equipment which complies with the Rules (whether competing under World Archery or Archery Australia Rules). If you have any questions about the 'legality' of a piece of equipment, it is preferable to send a photo and ask before the event, rather than waiting to be disappointed at equipment inspection.

If a piece of equipment is not 'legal', a competitor is informed and they may choose to change the equipment so it complies (e.g. mark competitor's initials on the shaft of the arrows), or go ahead and 'participate' in the event using the equipment which contravenes the Rules, but not 'compete' for places or scores (e.g. a recurve or

barebow with string serving which ends within the archer's vision at full draw).

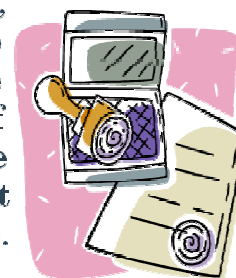
During the event, the Judges have two purposes.

Firstly, Judges are there to make sure no competitor gets an unfair advantage for any reason, and to ensure an equal playing field and sportsmanlike behaviour from the competitors. This includes overseeing timing and number of arrows shot, and handling equipment failures, lateness or any other unexpected events, especially regarding safety.

The second purpose is an educative one - to give information regarding scoresheets, scoring, correcting errors, and helping archers with anything else to ensure the smooth running of the competition.

After the event, the Judges' purpose is to preserve the integrity of the archers' performance by validating scores. This includes signing scoresheets where awards are claimed and submitting, via the Chairman of the Judges, a Report on the event, including any unusual occurrences (e.g. hold-ups to shooting because of bad weather/high winds, condition of the butts etc).

If you have any questions regarding what you may expect at tournaments, please send them to officials@archery.org.au as we are building a bank of questions to provide information for competitors at the Archery Australia website.



HANSON

COACHING COMMITTEE

THE BOWHAND



Photo by Andy MacDonald

The way the archer places the bowhand on the bow has a major impact on accuracy and on arrow flight. If an incorrect bowhand position is used it is inevitable that the archer will twist the bow laterally. Twisting the bow results in poor and inconsistent arrow flight and can cause a large variation in the position the arrow hits the target. It also makes it very challenging to properly tune the bow since the arrow leaves the bow at an angle if the bow is twisted. Archers who struggle to get a satisfactory paper tear are in many cases struggling because their bowhand position is not correct.

Looking from above, if the archer twists the bow counter-clockwise the string then moves first to the right following release and then back to the left and the arrow can be expected to leave the bow with the arrow point to the left and the nock to the right. If the archer twists the bow clockwise the string might then hit the archer's arm. In either case it increases the likelihood of the rear of the arrow hitting the bow's launcher or pressure button.

We need the archer to support the bow on the bowhand thumb muscle and not on the bowhand palm. The palm should not be touching the grip. The joint of the forearm bone on the thumb side (the radius) should be directly under the arrow, so that the force from the bow passes directly through the joint rather than to the side of the joint. That minimises the muscle use required enables the archer to aim much more steadily than if the bowhand is in a different orientation.

Note that in order to keep the bow off the bowhand palm it is necessary to have the bowhand knuckles at an angle of about 45 degrees from vertical. That is, you do not hold onto the bow as you would a suitcase handle. Your bowhand fingers should be relaxed and the second bone of your thumb should be pointed at the target.

It is important to get your bowhand into this position prior to drawing the bow as if you move it during the draw or while at full draw you will twist the bow.



MEMBERSHIP DATABASE

PROOF OF MEMBERSHIP



At the recent AA Board meeting the decision was made to accept the proposed changes to the AA rules in the eligibility section of the rule book. This is the area that will set the need to provide proof of membership prior to shooting in any Club, State or National events.

Why is this required ?

To ensure that all people shooting are covered by the AA insurance policy and are eligible to claim awards and prizes as currently financial members of their Club, State and Archery Australia.

This also removes the burden from the event organisers of having to check the financial state of all entrants and places the onus on the actual archer.

What does this mean to me ?

At sign in or before commencement of shooting you will need to provide proof of membership.

This proof can be in the form of a current Archery Australia Membership Card or a recent receipt showing your membership payment at your club in the interim whilst waiting for your AA card.

When does this come into effect ?

The associated rule changes will come into effect as of the 1st of January 2014 but

Clubs should already be asking for proof of membership now to ensure that they and their members are protected by the AA Insurance Policies.

What if I have not received my membership card ?

AA issues membership cards within 14 days of your membership being processed into the Membership System. If you have not received your card within the two weeks of paying your fees at your Club then you should follow up with either Archery Australia or your Club to see whether your membership has been processed.

To allow for this your recent receipt of payment from your Club will be accepted whilst you are waiting for your card.

(Note: Clubs that are not processing their own memberships can have a delay as they forward them onto their State for Processing.)

Online renewals processed into the AA Membership system either directly by the club or paid directly by the member will result in your records being instantly updated.

NOTE: it is very important that the address shown on your membership record is correct to ensure that your card is sent to you. We currently have a lot of cards returned due to not at this address errors.

What if I am a member of an Archery Alliance organisation competing in a cross participation event ?

Then you can show your current membership card from that Organisation showing you are a current financial member.

HIGH PERFORMANCE

STUNNING ACCURACY & TRAINING FOR WORLD CHAMPIONSHIPS



The semi-finals of the men's compound division at World Cup 4, 2013, in Poland saw some spectacular shooting.

One semi-final was between Sergio Pagni (Italy) and Dominique Genet (France). The other was between Alexander Dambaev (Russia) and PJ Deloche (France).

Dambaev shot well to finish with a good 145 for his 15 shots at an 80 cm target face at 50 metres. However all of the other three archers shot 150 out of a possible 150. The matches were shot simultaneously on adjacent targets and as it became obvious that we might see a perfect score or three the level of excitement became quite high. Many of the Australian team were watching.

The last three shots from each archer were really good to watch and each of Pagni, Genet and Deloche finished with perfect scores. Deloche was then the winner of his semi-final but Pagni and Genet went on to a one arrow shoot-off. In a one arrow shoot-off it is the arrow nearest to the centre cross on the target that wins, regardless of the arrow score. Genet shot first and shot a very nice X, just above the centre of the target face – it

was very impressive. Pagni shot second and also shot an X. Looking through my spotting scope from behind the shooting line I could not tell which was closer. After a careful examination the judge declared Pagni's arrow to be closer and he was the winner. That is, Genet hit what he aimed at 16 out of 16 but still lost. Fabulous shooting and really good for the spectators.

I spoke to both archers the next day: they both said the pressure was intense (as could well be imagined) but that they had both enjoyed it a lot, as did we.

In the final the next day we had a gusty wind and Deloche finished ahead of Pagni, 145 to 143. Dambaev beat Genet 147 to 144.



HIGH PERFORMANCE

STUNNING ACCURACY & TRAINING FOR WORLD CHAMPIONSHIPS

We have a full team travelling to Turkey for the 2013 World Target Championships. To help our archers do their very best we have run some training exercises.

Our women's compound team (Karina, Sherry and Deb) got together for a weekend at Diamond Valley Archers in June. On the Saturday I had a careful look at the technique and we did some team event practice. On the Sunday Marcus Anear and Karina Marshall kindly arranged for quite a few Victorian archers to get together to give the ladies some team event practice. Our ladies also competed in World Cup 4 in Poland.

Our compound men's team (Mike, Pat and Guy) got together in Brisbane in July. A number of very capable local archers got together to provide some opposition for them in practicing the team event. Rob Timms even flew in from Perth at his own cost to assist (thank you Rob). At one stage we were short one archer for team matches so Emily Sutton came to assist. In the matches Emily never missed the 10 ring, which was pretty impressive (we had allocated her a handicap 'to even things up a bit', but she handed it back as 'not required').

Our women's recurve team (Alice, Deonne and Elisa) all travelled to World Cup 4 in Poland. The recurvers got some quite demanding weather – it was quite cold, windy and wet (as coach I wore my wet weather gear). The compounders were treated much more kindly with quite nice weather. Despite the difficult wind the top scores (by the Korean ladies) were very impressive indeed, so we have a little way to go, but are working on it.

Our Men's recurve team (Taylor, Ryan and Matt) are getting together for practice in Brisbane just prior to departing for Turkey. They will work with our new coach, Ya Ping, for a weekend. Two of the team did take an opportunity to also obtain some specialised coaching in Korea recently.



GOOD LUCK

TOURNAMENT AND RECORDS

TREAT YOUR SCORES AS GOLD

Scorecards are official documents and the importance of completing them correctly cannot be over-stated. A number of records and awards have been declined due to incomplete or incorrect scorecards nationally and internationally.

When a scorecard is being used for an Archery Australia Record or an award (Archery Australia or World Archery) claim, it passes through several stages where it should be checked.

1. The tournament organiser must provide the correct scorecards and ensure that the scorecards are correctly completed. Scorecards can be downloaded [HERE](#). The tournament organisers will check each scorecard when they are presented following the tournament and they have the choice of not accepting incorrect or incomplete scorecards and not listing those archers on the results or returning scorecards and not accepting them.
2. It is not the scorers' responsibility that the scoresheets are correct. The archer (who owns the scorecard) is responsible for ensuring all details are correctly completed and that the second copy (when there is double scoring) contains the same information and that the scores match, before presenting his/her signed scorecards.
3. At National Championships, the tournament organiser will check the scorecards of the first FIVE placegetters, to ensure that medals are awarded correctly. Scorecards from National events should be sent straight to the National Recorder.
4. For other tournaments the RGB Recorder will also check that the scorecard is correct and has been fully completed before sending it (within the required 2-months timeframe) to the Archery Australia Tournament and Records Committee as part of an award or record claim.
5. The Archery Australia Tournament and Records Committee will also check the scorecard is correct and will decline claims if the scorecard is still not completed to the Committee's satisfaction and will inform the RGB Recorder as to the reason why it was rejected.

This means ALL areas on the scorecard MUST be completed, including:

- * Distance (range) and total scores
- * Xs/10s (6s/5s) and Xs (6s)
- * Affiliation Number
- * Signatures of the archer and a witness (usually a scorer)
- * Date of Tournament
- * Archer's full name (not initials, nickname or first name only)
- * Archer's Gender/Division/Class

SPECIAL NOTES:

The scorecards MUST be completed neatly and in a legible manner to ensure that whoever is checking the scorecard can clearly identify each score and does not need to guess what is written

In the event that organisers or the AA Tournament & Records Committee finding errors, they are entitled to correct only those errors that will result in correctly lowering the athlete's score on the official results. The score will never be raised once the signed scorecard is presented and entered in the results. (Where there is a discrepancy between two scorecards for the same archer, the lower arrow value or score applies.)

By the time that the National Recorder receives the scorecards, usually only one copy of each archer's scorecards is available. On that basis, as the archer has signed the scorecard, the submitted scorecard will be checked for arrow values and additions and corrections made using the "correctly lowering the score" approach).

The onus rests with the archer (not the scorer) to ensure the scores submitted are correct



AUSTRALIAN OPEN

TINY BIT BREEZY AND CHILLY

THANKS TO ARMIDALE FOR THEIR EFFORTS IN HOSTING THE AUSTRALAIN OPEN

FULL RESULTS AVAILABLE VIA [ARCHERY AUSTRALIA WEBSITE](#)

